



# MATRIX

DF001-VS-S40

## Versa Bicep Curl

- Arm pad is angled for stability, and limits unwanted shoulder movement during exercise
- Optimized pivot location creates biomechanically correct range of motion



ADJUSTMENTS	
COLOR CODED PIVOTS & POINTS OF ADJUSTMENT	Yes
USER ADJUSTMENT RANGE	Adjustable Seat

FRAME & CABLES	
MACHINE ANCHORING	Machine anchoring locations
FRAME COLOR	Iced Silver
CABLE TRANSMISSION	Internally lubricated cables & fittings
FRAME FINISH	Proprietary two-coat powder process

TECH SPECS	
REP COUNTER BATTERY LIFE	Approximately 3 years
REP COUNTER MACHINE USAGE TRACKING	Service mode tracks total machine reps and hours of use
OVERALL DIMENSIONS	121.8 x 127.0 x 167.1 cm / 48.0" x 50.0" x 65.8"
REP COUNTER POWER SUPPLY	2 AA batteries

USER AMENITIES	
PLACARD COLOR CODING	Yellow (upper body)
REAR PLACARDS	Color-coded machine identification & machine specific stretching
FRONT PLACARDS	Muscle call outs, machine specific stretching, start & finish exercise illustrations, proper machine movements
FOOT SUPPORT KIT	Foot Support Kit accommodates shorter individuals (Optional)
REP COUNTER	Electronic counter displays reps, exercise time and rest time & provides towel holder hook
CONTOURED SEAT	Yes
PERSONAL STORAGE	Bottle holder, storage area and towel holder (Towel Holder on Rep Counter Only)

WEIGHT STACK	
INCREMENTAL WEIGHT SYSTEM	5 lbs (2.3 kg)
STANDARD: 10 LBS (4.5 KG)	Weight plate increments
STANDARD: 150 LBS (68 KG)	Total stack weight
WEIGHT STACK GUARDING	Full front and rear shields
CONSISTENT STACK HEIGHT	Yes